

General Information

Intravenous (IV) contrast has leaked under your skin at the injection site. This is rarely a serious problem. There are three things you can do to help speed up the recovery:

1. **Raise your arm above the level of the heart, as much as you can, until the swelling goes down.**
2. **Apply an ice pack to the affected area for 15-60 minutes, three times a day for 1-3 days or until symptoms resolve (as directed)**
3. **Check the area on a regular basis for swelling of skin changes.**

Swelling or redness of the IV site can last for 1 to 2 days. It is common to feel a dull ache at the site.

The contrast will slowly be absorbed back into your circulation. Then your body will get rid of it. Your arm should return to normal within 2 to 3 days.

Call your health care provider or visit the Emergency Department if you notice any of the following:

- Numbness or tingling of the lower arm or hand
- Redness or streaks at the injection site
- Blisters at the injection site
- Increase pain that does not get better over time
- Unusual coolness of the lower arm or hand beyond the injection site
- Any increase in the size of your arm

APPOINTMENT DATE and TIME: _____

INSTRUCTIONS:

Smiths Falls Site: 613-283-2330

GWM Site: 613-267-1500