



LANARK COUNTY RESOURCE GUIDE

March 2012

**This guide was produced as a project of the
*Sexual Assault & Domestic Violence Advisory Committee –
Lanark County.***

Visit our website at www.endabuseinlanark.ca

Every effort has been made to ensure the accuracy of the information contained in this guide. Should you discover an error or find that information needs to be updated, please contact info@endabuseinlanark.ca.



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Adult Protective Services

Key Contact: Supervisor

Mailing Address: P.O. Box 37
Sunset Blvd.
Perth, ON K7H 3E2

Phone Number: (613) 267-4200 ext. 2201
Fax Number: (613) 267-3620

Email: ss@lanarkcounty.ca or aps@lanarkcounty.ca

Website: www.county.lanark.on.ca

Hours of Service: 8:30 a.m. to 4:30 p.m. Monday to Friday

Overview of Services:

The Lanark County Adult Protective Services (A.P.S.) Program provides short and long term supports through a voluntary relationship, to help people with developmental disabilities live and work in the community and move towards a desirable future. This is achieved through advocacy, person centered planning, and support.

In the event that a person with a developmental disability alleges that she/he has been abused, the following guidelines should be followed:

1. Ascertain if she/he already has an APS Worker and contact that worker **OR** between 8:30am – 4:30pm, Monday to Friday, contact the Adult Protective Services Program at (613) 267-4200.
2. On-going case management will be provided by APS.
3. When appropriate, the APS program liaises with Lanark County Interval House.

Canadian Hearing Society

Physical Address: 68 William Street, Suite 205
Brockville, ON K6V 4V5

Phone Number: 1-866-498-3933
Fax Number (613) 498-0363
TTY: 1-877-817-8209

Ottawa Office: 2197 Riverside Dr., Ste. 600
Ottawa. K1H 7X3

Phone Number: (613) 521-0509 or 1-888-697-3650
Fax Number: (613) 521-6116 or 1-866-848-6884
TTY: 1-888-697-3650

After Hours Contact Information: Emergency After-Hours Interpreting
TTY 1-866-831-4657 Phone: 1-866-256-5142

Email: info@chs.ca OIS@answerplus.ca

Website: www.chs.ca

Hours of Service: 9:00 a.m. to 5:00 p.m. Tuesday to Thursday (Brockville)
Closed daily between 12:30 p.m. and 1:30 p.m.

Overview of Services:

The Canadian Hearing Society (CHS) is the leading provider of services, products and information that remove barriers to communication, advance hearing health and promote equity for people who are culturally Deaf, oral deaf, deafened, and hard of hearing. Our Brockville office offers a Hearing Care Counseling Program for individuals 55 and older with hearing loss. In addition, we provide outreach support and counseling for individuals, family members and services providers dealing with hearing loss. We also offer Hearing Health Clinics for adults 55 and over, with acquired hearing loss. The clinics give people who have or suspect a hearing loss the opportunity to have a hearing screening and/or receive information about hearing loss, hearing aids, communication devices, communication strategies, and other services available through CHS and in their community. We provide Interpreting Services as well as After-Hours Emergency Interpreting Services for medical and mental health emergencies. Communication devices and hearing aid batteries are also available.

Community Home Support – Lanark County

**Perth Area & Administration: 40 Sunset Blvd.
Perth, ON K7H 2Y4**

**Phone Number: (613) 267-6400
Fax Number: (613) 267-3497**

**Smiths Falls and Area: (613) 283-6745
Lanark and Area: (613) 259-5412
Carleton Place and Area: (613) 253-0733
Pakenham and Area: (613) 624-5647
Volunteer Hospice Visiting Service/Grief Support: (613) 267-6400**

Website: www.chslc.ca

**Hours of Service: 8:30 a.m. – 4:00 p.m. Monday – Thursday
8:30 a.m. – 3:30 p.m. Friday**

Overview of Services:

Community Home Support – Lanark County is a volunteer based agency for seniors, adults with physical disabilities and people of all ages who are living with life-threatening illness, dying or bereaved. We strive to provide programs and services that help our clients continue to reside in their own homes and remain a part of their community. Our services include Meals on Wheels, Diners Club, Transportation, Foot Care Clinics, Home Help, Home Maintenance, Income Tax Clinics for low income individuals (free), Security/Reassurance (free), Friendly Visiting (free), and Volunteer Hospice Visiting Service (free). Anyone may refer to these services.

Volunteer Hospice Visiting Service

The Volunteer Hospice Visiting Service provides support to people of all ages who are living with a life threatening illness, dying or bereaved. The service also extends to family members and friends. Support is available through home visiting, hospital visiting, overnight sitting, adult grief support groups and expressive art groups for bereaved children, teens and adults. Trained volunteers may provide companionship and practical support, friendly visiting, transportation to run errands, basic comfort measures and relief for caregivers. Anyone may refer to this service. There is no fee.

***Connections (Community Action Program for Children, and
Canada Prenatal Nutrition Program)***

Key Contact: Coordinator

Physical Address: 30 Bennett Street
Carleton Place, ON K7C 4J9

Phone Number: (613) 257-2779
Toll Free: 1-888-284-2204
Fax Number: (613) 257-5344

Website: www.connectionsprogram.ca

Hours of Service: 8:30 a.m. - 4:30 p.m. Monday to Friday

Overview of Services:

Connections is a prevention/early intervention program that supports families with young children who may be living in conditions of risk, including low income, single mothers, single fathers, limited supports and transportation, and living in difficult life circumstances. All programs are free of charge, voluntary and self referrals are encouraged.

- Prenatally: Families can attend Good Food for a Healthy Baby group program and receive free nutritional supplements and support from other pregnant women.

Birth Companion Program – trained volunteers are matched with pregnant women to provide 1:1 support.

- Home Visiting for families with young children 0-6 years
- Parent/Playgroups in various locations in the community

Programs are in community locations throughout Lanark County.

Crown Attorney's Office, Ministry of the Attorney General

Key Contact: Crown Attorney

Physical Address: 30 Foster Street
Perth, ON K7H 1R7

Phone Number: (613) 264-1900
Fax Number: (613) 264-0856

Hours of Service: 8:30 a.m. – 5:00 p.m. Monday to Friday

Overview of Services:

The Crown Attorney prosecutes criminal offences on behalf of the public, thereby promoting the public interest in the administration of justice. The Crown Attorney will make him/herself reasonably available to the victim to obtain information necessary for effective prosecution, and ensure that the victim is prepared for trial. Appointments are necessary.

Distress Centre Lanark, Leeds & Grenville

Key Contact: Coordinator or Executive Director

Mailing Address: 61 King Street East, P.O. Box 1688
Brockville, ON K6V 6K8

Phone Number: (613) 345-1290
Toll Free: 1-866-544-5614
Fax Number: (613) 345-1394

Crisis Number: 1-800-465-4442

Website: www.developmentalservices.com

Hours of Service: Main office 8:00 a.m. – 4:00 p.m. Monday to Friday

Crisis Line: 5:00 p.m. – 12:00 a.m. 365 days/year 1-800-465-4442

Overview of Services:

The Centre offers a confidential crisis telephone service to women, men and children of all ages. Telephone support is offered by well trained volunteers who are there to listen. All types of calls are accepted for any issue.

Family and Children's Services of Lanark, Leeds and Grenville

***** Please note: Family and Children's Services of Leeds & Grenville and the Children's Aid Society of the County of Lanark and the Town of Smiths Falls officially amalgamated on August 2, 2011.**

Information on this page will continue to be updated on-line as it becomes available.

Key Contact: Executive Director

**Local Addresses: 8 Herriott Street, Suite 101
Perth, ON K7H 1S9**

**Phone Number: (613) 264-9991
Toll Free: 1-866-664-9991
Fax Number: (613) 264-0067**

**123 Patterson Crescent,
Carleton Place, ON K7C 4R2**

**Phone Number: (613) 253-2111
Toll Free: 1-888-485-5651
Fax Number: (613) 253-4279**

Offices in Leeds and Grenville are located in Brockville, Gananoque, Kemptville and Prescott.

**After Hours Contact Information: Emergency After Hours Service
available 24 hours, 7 days a week**

Website: www.lanarkcas.ca

Hours of Service: 8:30 a.m. – 4:30 p.m. Monday to Friday

Overview of Services:

The Children's Aid Society is mandated by the Child and Family Services Act to protect the children and strengthen the families of Lanark County and the Town of Smiths Falls in cooperation with the community. To this end, the Society investigates reports that children in our community are in need of protection and offers intervention services accordingly, ranging from voluntary services provided by social workers and child and youth workers to removal of children from their homes in exceptional circumstances and the provision of care for these children in alternate settings.

Lanark County Housing Corporation (LCHC)

Key Contact: Director

Physical Address: 52 Abbott St. N., Unit 4
Smiths Falls K7A 1W3

Phone Number: (613) 283-2555

Toll Free: 1-800-267-1313

Fax Number: (613) 267-3620

Hours of Service: 8:30 a.m. to 4:30 p.m. Monday to Friday

After-hours emergency maintenance: 24 hours

Overview of Services:

Lanark County Housing Corporation (LCHC) provides quality affordable housing.

We work with our tenants, stakeholders and community partners to build healthy, safe and sustainable communities.

LCHC provides rent geared to income housing in 532 units and over 70 rent supplements for units in the private market in Smiths Falls, Carleton Place, Perth and Almonte.

LCHC also administers the housing registry (the wait list) on behalf of Lanark County.

Lanark County Interval House

Key Contact: Executive Director

Mailing Address: P.O. Box 107
Carleton Place, ON K7C 3P3

Crisis Line: (613) 257-5960 or 1-800-267-7946

Office Number: (613) 257-3469
Fax Number: (613) 257-5031

Email: info@lcih.com

Website: www.lcih.org

Hours of Service:

Shelter & Crisis Phone: 24/7

Outreach Services 8:30 a.m. - 4:30 p.m. Monday – Friday (613) 253-3336
Community Support, Transitional Support, Sexual Assault Support, Child and Youth Program

Overview of Services:

Shelter – provides emergency short-term accommodation for women (age 16 and over) and their children who are victims of abuse.

Crisis Phone – provides counseling on issues of abuse.

Community Support Programs - provides individual and group counseling to women in the community on issues of abuse.

Transitional Support Program – provides individual support to women who access shelter services.

Sexual Assault Program – provides individual and group counseling to women in the community on issues of recent or historical sexual assault.

Child and Youth Program – provides individual and group counseling to children and youth who have witnessed abuse.

Lanark County Mental Health

Key Contact: Executive Director

Physical Address: 88 Cornelia Street West, Unit A2
Smiths Falls, ON K7A 5K9

Phone Number: (613) 283-2170
Fax Number: (613) 283-9018

After Hours Contact: Distress Centre Lanark, Leeds &
Grenville
1-800-465-4442

Website: www.lanarkmentalhealth.com

Hours of Service: 8:00 a.m. – 8:00 p.m. Monday to Thursday
8:00 a.m. – 5:00 p.m. Friday

Overview of Services:

Lanark County Mental Health provides streamlined access to a range of crisis response, assessment, treatment, rehabilitation, court diversion and intensive community support services for adults experiencing severe or moderate mental illness.

The agency hosts specialized services including the geriatric psychiatry outreach team and general psychiatry consultants via service protocol agreements with Brockville Psychiatric Hospital [ROH] and facilitates the Lanark County Crisis Response Network in collaboration with our local community hospitals, police services and partner agencies.

Services are provided confidentially, respectfully and within a shared care model that supports the development of a client's natural support system.

Services for Victims of Trauma:

Counseling and other clinical services are available to support adult victims of domestic violence and / or sexual assault. In addition to providing individual assessment and treatment, the Agency is available for family and professional consultation regarding trauma.

Service Location:

Services are provided throughout Lanark County. Agency offices are located in Smiths Falls and Carleton Place. Staff is on-site at the community hospitals in Carleton Place, Almonte, Perth and Smiths Falls.

Clients may be seen at their places of residence or other appropriate locations.

Referrals:

Service enquiries and referrals can be made by contacting the LCMH intake staff:

Phone: (613) 283-2170

Fax: (613) 283-9018

All service enquiries are welcome. Individuals meeting the mandate of the Agency will be invited to participate in an intake assessment interview followed by a service discussion at a weekly triage meeting.

Limited staff resources may result in a client waiting period prior to service initiation.

Lanark County Sexual Assault & Domestic Violence Program
(A program of the Perth & Smiths Falls District Hospital)

Key Contacts: Program Manager

Physical Address: Perth & Smiths Falls District Hospital
Smiths Falls Site
60 Cornelia Street West
Smiths Falls, ON K7A 2H9

Office Phone Numbers: (613) 283-2330 ext. 1258

Emergency Dept. Phone Numbers:

Smiths Falls (613) 283-2330 ext. 1101
Perth (613) 267-1500 ext. 4233
Almonte (613) 256-2500
Carleton Place (613) 257-2200

Fax Number: (613) 283-0520

Web site: www.psfhdh.on.ca or www.sadvreatmentcentres.net

Hours of Service: Medical services are available 24/7 through the emergency departments of all four Lanark County hospitals (Perth, Smiths Falls, Almonte, and Carleton Place). The Program Manager is available during regular office hours.

Overview of Services:

The Lanark County Sexual Assault & Domestic Violence Program provides emergency response to all victims (women, men and children) of sexual assault/abuse and domestic violence. Services include emergency medical and nursing care, crisis intervention, forensic evidence collection, medical follow-up, and counseling.

Lanark County Social Services

Key Contact: Director of Social Services

Physical Address: Lanark County Administration Bldg.,
99 Sunset Blvd.,
Perth, ON K7H 3E2

Phone Number: (613) 267-4200
Toll Free: 1-888-952-6275
Fax Number: (613) 267-3620

Intake Number: 1-866-878-9588

Website: www.lanarkcounty.ca

Hours of Service: 8:30 a.m. to 4:30 p.m. Monday to Friday

Overview of Services:

Eligible recipients of Ontario Works can access income support, employment support, and community and employment placement. Other services include the Learning, Earning and Parenting program (LEAP) for parents 25 years and under who have not completed high school, the Family Support unit, as well as subsidized Housing and Childcare.

Sub-offices in Lanark County

Caseworkers are available to their clients at the Smiths Falls and Carleton Place sub-offices between 3:00pm and 4:00pm on Monday, Tuesday, Thursday and Friday at the following locations:

92 Bridge St., Carleton Place
(613) 257-4330

52 Abbott St. N., Unit 4, Smiths Falls
(613) 283-8714

Lanark, Leeds & Grenville District Health Unit

Physical Address: 458 Laurier Blvd.
Brockville, ON K6V 7A3

Local Office: 25 Johnston Street,
Smiths Falls, ON K7A 0A4

Phone Number: (613) 345-5685 or (613) 283-2740
Toll Free: 1-800-660-5853
Fax Number: (613) 345-2879 or (613) 283-1679

Web site: www.healthunit.org

Hours of Service: 8:30 a.m. – 4:30 p.m. Monday to Friday

Overview of Services:

The Health Unit provides public health information, programming and referral services. Victims of domestic violence may access Health Unit services by self-referral:

- Prenatally: Clients in the Healthy Babies Healthy Children program may receive home visiting from a Public Health Nurse and Family Home Visitor as well as assessment, health teaching and referral to appropriate services.
- Families with children 6 and under: Clients in the Healthy Babies Healthy Children program may receive home visiting from a Public Health Nurse and Family Home Visitor as well as assessment, health teaching and referral to appropriate services
- Sexual Health Clinics at all Health Unit offices provide STI testing and free treatment, low cost birth control and emergency contraception, counseling, health teaching and referral as necessary.
- Dental Health Clinics **and coverage for treatment** are available for children in families who do not have dental insurance coverage and some assistance may be available for adults in need of dental treatment.

Lanark, Leeds & Grenville Legal Clinic

Key Contact: Executive Director

Physical Address: Main Office - Lanark
10 Sunset Blvd.
Perth, ON K7H 2Y2

Leeds & Grenville
25 Front Avenue West, Suite 3
Brockville, ON K6V 4J2

Phone Number: (613) 264-8888

Toll Free: 1-800-597-4529

Fax Number: (613) 264-8931

Brockville: (613) 498-1888

Website: www.legalclinic.ca

Hours of Service: 9:00 a.m. – 12:00 p.m. Monday to Thursday
1:00 p.m. – 4:30 p.m.

9:00 a.m. – 12:00 p.m. Friday

Overview of Services:

Office provides free legal services to qualifying clients in areas of clinic law with a focus on Ontario Works, Ontario Disability Support Benefits, Canada Pension Disability Benefits, Landlord and Tenant law (focus on eviction prevention), Employment Insurance, Criminal Injuries Compensation and Substitute Decisions. Staff will provide representation, subject to merit review, at first and appellate tribunals. Also provides a summary advice service to general public residents.

Clinic staff is also involved in community development with other agencies or groups involved in pursuing additional resources of benefit to the low-income community. No fees for those who meet Income and Asset Guidelines.

Upon request, the clinic also provides public legal education to individual members of the general public or to groups.

Contact the clinic by telephone. An appointment will be scheduled when necessary.

Language Interpretation & Translation Services
A program of Immigrant Women's Services Ottawa (IWSO)

Contact: Program Manager or Intake Worker

Mailing Address: 219 Argyle Ave., Suite 400
Ottawa, Ontario K2P 2H4

Phone Number: (613) 729-3145 ext 226 or 235
Toll Free: 1- 866-859-8182
Fax Number: (613) 729-9308

Email: infomail@immigrantwomenservices.com

Website: www.immigrantwomenservices.com

Hours of Service: 24 hours/7 days a week

Overview of Services:

Interpretation Service: The Language Interpretation Service is a **FREE**, confidential service provided to agencies serving non-English speaking women who are victims/survivors of violence. This service is financially supported by the Ontario Ministry of Citizenship & Immigration and is provided in over 60 languages and dialects.

The types of interpretation are: face to face, telephone interpretation, group interpretation and message relay. An orientation on "How to Work with an Interpreter" is offered free of charge to service providers.

Generic Interpretation: Interpretation for generic issues, such as interpreting for a non-victim of violence, and interpretation for participants in the Partner Assault Response (PAR) Program are provided for a very reasonable fee.

For a copy of the fee schedule, please contact IWSO.

Translation Service: We offer certified and non-certified translation in select languages. Please contact IWSO for an estimate.

Leeds and Grenville Rehabilitation and Counseling Services

Key Contact: Executive Director

Physical Address: 25 Front Avenue West, Suite 1
Brockville, ON K6V 4J2

Phone Number: (613) 342-6214
Fax Number: (613) 342-0884

Website: www.lgrcs.on.ca

Hours of Service: 8:30 a.m. – 4:30 p.m.* Monday to Friday

Overview of Services:

* There are individual hours of service for specific programs, i.e., group homes, social and recreational programs and PAR.

Community Adult Mental Health Service provides a range of services for individuals challenged with severe and persistent effects of a mental illness. (Check web page for specific programs)

PAR (Partner Assault Response Program [STOP]) provides services for the TRI counties. Services focus on group re-education for men and women who are abusive to their partners, includes partner contact.

Contact - Lanark County PAR Program: (613) 326-0628

Legal Aid Ontario

District Office Address: **Legal Aid Ontario
Ottawa District Office
73 Albert Street
Ottawa, ON K1P 1E3**

Phone Number: **(613) 238-7931**
Toll Free: **1-877-314-0933**

Website: **www.legalaid.on.ca**

If you require Legal Aid, call 1-800-668-8258 to receive assistance by telephone.

Overview of Services:

The Plan provides eligible clients with a certificate that covers the cost of hiring a lawyer to deal with serious types of criminal or civil cases such as indictable offences, help in some cases of divorce, child custody, access, support etc. Lawyers may or may not accept Legal Aid Certificates. An appointment is necessary. Open to those who meet established legal and financial criteria.

Legal Aid also provides Criminal and Family Duty Counsel Services at the Perth Courthouse.

43 Drummond Street East, Perth ON K7H 1G1
1-800-668-8258

***Ministry of Children and Youth Services, Youth Justice Services,
Probation***

Key Contact: Probation Manager

Physical Address #1: serving Perth, Smiths Falls & area
2211 Parkedale Avenue, Suite 2
Brockville, ON K6V 6B2

Phone Number: (613) 498-1427 ext. 110

Toll Free: 1-866-353-7345

Fax Number: (613) 498-1060

Physical Address #2: serving Almonte, Carleton Place and area
Gloucester Mall, 1980 Ogilvie Road
Ottawa, ON K1J 9L3

Phone Number: (613) 742-0722

Fax Number: (613) 742-0721

After Hours Provincial Director Pager: 1-888-480-2189

Website: www.children.gov.on.ca

Hours of Service: 8:30 a.m. - 5:00 p.m. Monday to Friday

Closed on all statutory holidays

Overview of Services:

The Ministry of Children and Youth Services provides services to youth (aged 12 to 17 at the time of their offence) who are charged with or convicted of criminal or provincial offences.

Probation Officers, together with partner agencies, provide community supervision, treatment and program referrals and related services for youth involved with the criminal justice system. Probation Officers prepare reports for the Court prior to sentencing and also provide Progress Reports as required during the period of custody and/or supervision in the community.

North Lanark County Community Health Centre
(A part of Lanark Health and Community Services)

Key Contact: Executive Director

Physical Address: 207 Robertson Drive
Lanark, ON K0G 1K0

Phone Number: (613) 259-2182
Fax Number: (613) 259-5235

E-Mail: info@northlanarkchc.on.ca

Website: www.northlanarkchc.on.ca

Hours of Service: 8:00 a.m. – 7:00 p.m. Monday, Tuesday and Wednesday
8:00 a.m. – 4:30 p.m. Thursday and Friday

Overview of Services:

Provide a broad range of health and health related services and programs including primary care, illness prevention and health promotion to the area of north Lanark County. An urgent care clinic is available to residents of north Lanark every weekday from 9:00 am to 10:00 am on a first come, first served basis. The centre offers a number of community programs including adult fitness classes, men's cooking groups, diabetes programs, support groups, recreation subsidy programs, quit smoking program, and information sessions on a variety of health related topics.

***Ontario Early Years Centre (OEYC) and
Children's Resources on Wheels (CROW)***

Physical Address: 91 Cornelia Street West,
Smiths Falls, ON K7A 5L3

Phone Number: (613) 283-0095 ext. 300
Toll Free: 1-800-267-9252
Fax Number: (613) 283-3324

Website: www.crowoeyc.ca
www.crowhcc.ca

Hours of Service: 8:30 a.m. – 4:00 p.m. Monday to Friday

Overview of Services:

The Ontario Early Years Centre in Lanark County serves parents of children aged 0 to 6 in Lanark County and the Town of Smiths Falls, regardless of income, culture, or special needs. The centre provides advice on parenting, information on developmental milestones, organized programs and activities for children, parents and caregivers.

Children's Resources on Wheels offers licensed home childcare in Lanark County for children from infants to age 12 while ensuring the standards of the Day Nurseries Act are met.

Open Doors for Lanark Children and Youth

Key Contact: Executive Director

Physical Addresses: 88 Cornelia Street West,
Smiths Falls, ON K7A 5K9

40 Bennett Street, Unit A
Carleton Place, ON K7C 4J9

10E Herriott Street,
Perth, ON K7H 1S9

Phone Numbers: (613) 283-8260 (Smiths Falls)
(613) 257-8260 (Carleton Place)
(613) 264-1415 (Perth)

Toll Free: 1-877-232-8260

Fax Numbers: (613) 283-8757 (Smiths Falls)
(613) 257-5038 (Carleton Place)
(613) 264-8751 (Perth)

Website: www.opendoors.on.ca

Hours of Service: Smiths Falls: 8:30 a.m. - 8:00 p.m. Mondays
8:30 a.m. - 4:30 p.m. Tuesday to Friday

Carleton Place: 8:30 a.m. - 4:30 p.m. Monday to Friday
8:30 a.m. – 8:00 p.m. Wednesdays

Perth: 1:00 p.m. – 4:30 p.m. Monday to Friday

Overview of Services:

The mission of Open Doors is to make it possible for Lanark children and youth with mental health needs to live, learn and thrive. Open Doors for Lanark Children and Youth is funded by the Ministry of Children and Youth Services as a children's mental health centre and as the access point to all child and youth mental health services in Lanark County. Open Doors advances its mission by providing a spectrum of high quality mental health services and seeks to change the long term outcomes for children and youth (0-17) who are at risk or are experiencing mental health issues in Lanark County.

The staff at Open Doors consists of child and youth mental health specialists who provide evidence informed clinical assessments and treatment services using strength bases, ecological and time limited models. Services include Quick Response, Counseling, Family Resource Team, Early Years Program, Intergenerational Trauma Treatment Model, specialized services (sexualized behaviour assessments and access to psychiatry, psychological assessments), Parents First, the Youth Program and PATH (Parent Assisted Treatment Homes).

Partner Assault Response (PAR) Program

Physical Address: 29 Herriott Street, Apt. 2A
Perth, ON K7H 1T3

Phone Number: (613) 326-0628
Fax Number: (613) 326-0627

Brockville Main Office: 613-342-6214 (M – F, 8:30 a.m. – 4:30 p.m.)

Hours of Service: Monday to Friday flexible, plus evening hours

Overview of Services:

PAR is a re-education program, offering men's and women's groups for those who are physically and/or emotionally abusive toward their partners.

The program operates with the belief that men and women abuse their partners to gain power and have control over them. The program consists of 16 weekly group sessions.

As part of participation in the program, current (and where applicable) previous partners of the participant will be contacted to discuss and review safety. All contacts would typically be made by someone other than the leaders of the group. Self referrals are not served through partner contact.

**Assault is against the law and participation in this program
should not prevent an abused partner from calling the police
and using the legal system to protect themselves
and the children.**

Police Services – Lanark County

Ontario Provincial Police

Key Contact: Detachment Commander

Main Office: 75 Dufferin Street
Perth, ON K7H 3E3

Additional Office: Carleton Place Detachment
15 Coleman Street
Carleton Place, ON K7C 4N9

Phone Number: (613) 267-2626 (Perth)
(613) 257-5610 (C.P.)
Monday – Friday 8 a.m. – 4:15 p.m.

Fax Number: (613) 267- 8868

After Hours and Emergency 1-888-310-1122

Hours of Service: Emergency Services 24/7

Office Hours: 8:00 a.m. – 4:15 p.m. Monday to Friday
Buildings locked after office hours.

Perth Police Service

Key Contact: Chief of Police

Physical Address: 1881 Rogers Road
Perth, ON K7H 3P7

Phone Number: (613) 267-3131
Fax Number: (613) 267-7351

Hours of Service: Emergency Services 24/7

Office Hours: 24/7. The building is locked during the evening hours but it is accessible through the intercom system.

Website: www.perthpolice.ca

Smiths Falls Police Service

Key Contact: Chief of Police

Physical Address: 77 Beckwith Street North
Smiths Falls, ON K7A 2B8

Phone Number: (613) 283-0357
Fax Number: (613) 283-1253

Website: www.sfps.ca

Hours of Service: Emergency Services 24/7
Staff is on duty 24/7 but the building is locked during the overnight hours. Ring the doorbell for access.

Probation and Parole Services- Adult

Key Contact: Manager

Physical Address: 94 Beckwith Street North, Unit G,
Smiths Falls, ON K7H 2C1

Phone Number: (613) 283-5663
Fax Number: (613) 284-0349

Website: www.mcscs.jus.gov.on.ca

Hours of Service: 8:30 a.m. - 5:00 p.m. Monday to Friday

Overview of Services:

Protection of the public through effective offender supervision of parolees, probationers and offenders on conditional sentence orders and assisting in crime prevention by offering offenders the opportunity to re-orient themselves to pro-social values and behaviors through referrals to programs, treatment and services. Staff also engages in the preparation of reports to assist the court with sentencing and the Ontario Parole Board with release decisions.

RNJ Youth Services

Key Contact: Executive Director

Physical Address: 301B – 39 Chambers Street
Smiths Falls, ON K7A 2Y3

Note: Additional office located in Brockville at
779 Chelsea Street

Phone Number: (613) 284-8304 (Smiths Falls)
(613) 342-4238 (Brockville)

Fax Number: (613) 284-8300

Email: rnjyouth@cogeco.net

Website: www.rnjyouth.com

**Hours of Service: 8:30 a.m. - 4:00 p.m. Monday to Friday
(or by appointment)**

Overview of Services:

RNJ Youth Services is a charitable, non-profit organization funded by the Ministry of Children and Youth Services and The Ministry of the Attorney General to provide services to youth aged 12-17 that have been or are at risk of becoming in conflict with the law. Additionally, in Lanark County, we provide diversion programs for adults, funded through the Ministry of the Attorney General and community donations.

Generally, referrals are made to our programs (Extrajudicial Measures, Extrajudicial Sanctions, Youth Justice Committee (Leeds and Grenville only) and Community Service Order Program) by the police (pre-charge), Crown (post charge) and Probation (post conviction). These programs involve youth making amends for their actions through completion of individualized diversion programs.

Rebound, an 8 week social skills program for youth is open to youth aged 12-17 and is offered in Brockville and Smiths Falls or other communities within Lanark, Leeds and Grenville, as needed.

A.B.L.E. is a program in partnership with local school boards for youth in grades 7-12 who have been involved in frequent or longer term difficulties at school. Students are referred by Special Service Counselors/Crisis Workers.

In Lanark County, our agency also offers the Direct Accountability Program – court diversion for adults as referred by the Provincial Crown and the Federal Adult Diversion Program.

Rideau Community Health Services

Key Contact: Executive Director

Physical Address: Merrickville Community Health Centre
354 Read Street
Merrickville, ON K0G 1N0

Phone Number: (613) 269-3400
Fax Number: (613) 269-4958

Local Address: Smiths Falls Community Health Centre
2 Gould Street
Smiths Falls, ON K7A 2S5

Phone Number: (613) 283-1952
Fax Number: (613) 283-6322

E-Mail: info@rideauchs.ca

Website: www.rideauchs.ca

Additional Service: Rideau Valley Diabetes Services
2 Gould Street
Smiths Falls, ON K7A 2S5

Phone Number: (613) 284-2558
Toll Free: 1-877-321-4500
Fax Number: (613) 284-2591

E-Mail: diabetes.rvds@rideauchs.ca

Website: www.rvds.ca

Rideau Community Health Services encompasses three organizations:
Merrickville Community Health Centre, Smiths Falls Community Health Centre
and Rideau Valley Diabetes Services

Hours of Service:

MCHC:	8:30 a.m. – 8:00 p.m.	Monday and Wednesday
	8:30 a.m. – 4:30 p.m.	Tuesday and Thursday
	8:30 a.m. – 4:00 p.m.	Friday
SFCHC:	8:30 a.m. – 7:30 p.m.	Wednesday
	8:30 a.m. – 4:30 p.m.	Monday, Tuesday, Thursday
	8:30 a.m. – 12:30 p.m.	Friday
RVDS:	8:30 a.m. – 4:30 p.m.	Monday to Friday

Overview of Services:

The two community health centres provide a broad range of health and health related services and programs including primary care, chronic disease prevention and management and health promotion.

The centres offer a number of community programs including men's cooking groups, Get W.I.T.H. It walking program, the Good Food Box (with the Smiths Falls Lions Club), support groups, the Living Well program for coping with chronic conditions, an emergency food cupboard, an early years program including breastfeeding support, heart health and weight management groups and information sessions on a variety of health related topics. Meeting rooms are available to community groups and services.

Rideau Valley Diabetes Services provides education and support for those with diabetes, their families and for health care professionals through a wide range of programs. Services are available for residents throughout Lanark, Leeds and Grenville Counties. All programs and services are free of charge and no doctor referral is required.

Primary care: Appointments necessary. Some programs are drop-in; see websites.

Rose Garden Family Support Centre

Address: 91 Cornelia Street West
Smiths Falls, ON K7A 5L3

Phone Number: (613) 284-1900
Toll Free: 1-877-284-1947
Fax Number: (613) 284-1905

Email: therosegarden@bellnet.ca

Hours of Service: 10:00 a.m. – 6:00 p.m. Friday, Saturday, Sunday and
Monday

Overview of Services:

A supervised access program service is provided for custodial and non-custodial parents and for children to have visits with the non-custodial or a significant other (grandparents etc.) in a safe, secure centre.

Exchanges are also provided for parents in a neutral setting. Referral required.

The Men's Project

Key Contact: Intake Services Coordinator

Physical Address: 180 Argyle Avenue, Suite 321
Ottawa, ON K2P 1B7

Phone Number: (613) 230-6179

Fax Number: (613) 230-6173

Website: www.themensproject.ca

Hours of Service: 9:00 a.m. – 5:00 p.m. Monday to Friday

Overview of Services:

The Men's Project is a vehicle for supporting men in a process of change with integrity. We are a team of multi-disciplinary professionals offering a range of services that address men's psychological, physical and spiritual needs within a community-based framework.

Services provided: individual and couple counseling, group treatment services (Men & Healing program for male survivors of abuse), Anger Management, Emotional Intelligence, Fathering, and workshops, training and consultation.

Most services are covered by private insurance. Day and evening appointments are available.

Services are available in Ottawa and Nepean.

TriCounty Addiction Services (TriCAS)

Key Contact: Director

Physical Address: 88 Cornelia Street West, Unit A3
Smiths Falls, ON K7A 5K9

Phone Number: (613) 283-7723
Toll Free: 1-800-361-6948
Fax Number: (613) 283-9407

Website: www.tricas.on.ca

Hours of Service: 9:00 a.m. – 5:00 p.m. (Smiths Falls office)
Monday to Friday
8:30 a.m. – 4:30 p.m. (Brockville office)

Overview of Services:

Directed by a volunteer Board of Directors composed of representatives of communities in Lanark, Leeds & Grenville, utilizing funds solicited from the Ontario Ministry of Health and Long-Term Care through the South East Local Health Integration Network and from donations, TriCAS provides prevention and health promotion services to residents of the tri-county area. In addition, direct addiction counseling services are provided to individuals, couples, families and small groups for persons who are troubled by issues related to alcohol or other drugs, problem gambling, and/or concurrent mental health and addiction problems.

TriCAS offers assessment for persons to put into perspective the nature, scope and severity of the problems they are experiencing, on-going counseling to help resolve those problems, and referral to other sources of assistance when needed. Persons making use of TriCAS' services may be experiencing problems as a consequence of their own difficulties with alcohol or other drugs or problem gambling or mental illness. As well, they may be experiencing difficulties because others in their families are troubled directly by such issues. Besides addressing addiction problems, counseling at TriCAS also assists persons who are troubled by physical and/or sexual abuse, by eating disorders, by difficulties in managing emotions such as anger, by marital and family problems, and by being overwhelmed by different stresses in their lives.

Prevention & Health Promotion and Education & Awareness services at TriCAS are provided for community groups who might benefit from increasing knowledge and awareness among their members about alcohol or other drugs, about problem gambling and its prevention in our communities, and about the impact of

concurrent mental health and addiction problems on individuals and families. TriCAS makes available for borrowing its library collection of resources about addictions. It also offers links to educational resources on its website – www.tricas.on.ca.

Personal information collected by TriCAS is protected by policies of confidentiality. No personal information is shared with others without consent from the person giving the information to TriCAS.

Clients may self-refer. No charge for services.

Victim Services – Lanark County
(formerly VCARS)

Key Contact: Executive Director

Address: 91 Cornelia St. W., Unit 109
Smiths Falls, ON K7A 5LW

Phone Number: (613) 284-8380
Toll Free: 1-866-575-0067
Fax Number: (613) 284-8058

Email: lanarkvcars@bellnet.ca

Website: www.vcarslanarkcounty.com

Hours of Service: 8:30 a.m. – 4:00 p.m. Monday – Thursday
8:30 a.m. – 3:00 p.m. Friday

Victim Services Lanark County provides two very distinctive programs: Victim Crisis Assistance & Referral Service (VCARS) and the Victim Quick Response Program (VQRP).

Our services and programs can be accessed 24/7/365 upon police and/or fire service personnel request. Anyone wishing to access our services after hours should call their local police service. Police and fire personnel will activate our service through their dispatch protocols.

Overview of Service:

Victim Services – Lanark County (VSLC) is a non-profit, non-investigative, community based agency, funded by the Ministry of the Attorney General.

Staff and/or fully screened and trained volunteers assist victims of crime and tragic circumstance; either on scene or at the office (or other safe venue) with emotional and practical supports through the VCARS Program. Assistance is free and includes referral to community programs, transportation to a safe place (or family member/friend), and access to emergency food and/or personal necessities. Charges do not have to be laid to access our services.

In addition, VSLC provides emotional and practical support, small monetary contributions, and access to counselling for victims (and their families) of homicide, attempted murder, serious assault, domestic violence, sexual assault and hate crimes under the VQRP Program. Private counselling (where no other immediate community counseling is available) and contributions towards

transportation costs are available to eligible victims who have not been charged in the incident.

Any recognized agency (i.e. hospital, health unit, school official, shelter, etc.) can refer victims of domestic violence, sexual assault, serious assault and/or hate crimes directly to the VQRP Program by contacting our agency during regular office hours.

Assistance with door/window and lock repair (where charges have been laid) as of a direct result of Domestic Violence or Sexual Assault, required to help facilitate the victim's safety, is available by police request, along with other financial contributions dependent upon eligibility.

Please feel free to call for a full list of our services.

Victim/Witness Assistance Program (V/WAP)

Key Contact: Manager

Physical Address: 43 Drummond St. E.
Perth, ON K7H 1G1

Phone Number: (613) 264-8387
Fax Number: (613) 264-9014
Toll Free: 1-866-296-0166
TTY: 613-962-4064 or 1-866-611-5233

Website: www.attorneygeneral.jus.gov.on.ca

Hours of Service: 8:30 a.m. – 5:00 p.m. Monday to Friday

Overview of Services:

The mandate of the Victim/Witness Assistance Program (VWAP) is to provide information, assistance, and support to victims and witnesses of crime in order to increase their understanding of, and participation in, the criminal justice process. VWAP services include needs assessment, referrals to community agencies, emotional support, case specific information (court dates, bail hearings) and court preparation and orientation. These services are available to adult and child victims and witnesses of crime, after charges have been laid. The Bail Safety Project and Domestic Violence Court Initiative are also available to victims of Domestic Violence.

PROVINCIAL AND FEDERAL SERVICES FOR VICTIMS OF CRIME

Assaulted Women's Helpline

1-866-863-0511
TTY 1-866-863-7868

24 hours a day 7 days a week. Available in 154 languages

Fem'aide

1-877-336-2433

A 24 hour regional support and crisis line for French speaking women.

Criminal Injuries Compensation Board

1-800-372-7463

Victims of a crime of violence may apply for compensation for crimes that occurred in Ontario

The Farm Line

1-888-451-2903

Help Line for Ontario Farmers and their families

Kids Help Phone

1-800-668-6868

24 hours 7 days a week help line for children of all ages

Victim Support Line

1-888-579-2888

Provides information about services available in Ontario and can register for the victim notification service. This service applies to persons who get a sentence in Ontario of up to 2 years less a day

Victim Notification Service, National Parole Board

1-800-518-8817

Provides information to victims and their families on federal offenders sentenced to 2 years or more

ASSORTED WEB RESOURCES

Ontario Women's Justice Network	www.owjn.org
Fem'aide	www.femaide.ca
National Clearinghouse on Family Violence, Health Canada	www.nationalclearinghouse@hc-sc.gc.ca
Elizabeth Fry Society	www.elizabethfry.ca
National Association of Women & the Law	www.nawl.ca
Springtide Resources	www.springtideresources.org
METRAC (Metropolitan Action Committee on Violence Against Women & Children)	www.metrac.org
Centre for Research on Violence Against Women and Children	www.uwo.ca/violence
Ontario Women's Directorate	www.gov.on.ca/mczcr/owd/index.html
Status of Women Canada	www.swc-cfc.gc.ca
Women's Health	www.womenshealthmatters.ca
DAWN (DisAbled Women's Network)	www.dawn.thot.net
Rural Womyn of Canada	www.ruralwomyn.net/canada.html
International Museum of Women	www.imov.org
Kid's Help Line	www.kidshelpphone.ca
White Ribbon Campaign	www.whiteribbon.ca
Men Against Violence	www.stopviolence.com/domviol/menagainst
Centre for Abuse Awareness	www.abuserecovery.net
Child Sexual Abuse Prevention Ctr. – US	www.stopitnow.com
Centre for Addictions & Mental Health	www.camh.net
Mental Health information	www.eMentalHealth.ca
Local Information and other links	www.endabuseinlanark.ca