

Position: Social Worker/ Psychotherapist SADV/CI	Union/Non-Union: OPSEU
Hours of work: 70 hours biweekly, 8:30 am – 4:00 pm	<b>Hourly Rate:</b> \$43.37 - \$56.22
Reports to: Manager of Mental Health Services	Location: Lanark County
Job Status: Temporary Full-Time	

## **About Lanark County Mental Health:**

Lanark County Mental Health (LCMH) is a dynamic community-based organization dedicated to supporting individuals facing mental health and substance use challenges within Lanark County. As an integral part of the Perth and Smiths Falls District Hospital, LCMH operates with a strong commitment to providing comprehensive care. Our organization is structured around a multidisciplinary approach, fostering collaboration among dedicated teams that deliver both community-based and crisis services. We are proud to embrace a Stepped Care framework, ensuring the provision of evidence-based interventions tailored to individual needs.

At LCMH, we uphold a set of core cultural values that underpin our work: trust, transparency, respect, and communication. These values serve as the foundation for all our interactions, promoting a supportive and inclusive environment for our staff and clients alike. With a clear vision for the future, our organization places strategic emphasis on the following key areas: Access, Service Expansion, Partnerships, and System Integration. By prioritizing these aspects, we strive to continually enhance our services and contribute to a robust and integrated mental health ecosystem.

## About the position:

Reporting to the Manager of Mental Health Services and supported by the Team Lead, the incumbent will join a multidisciplinary Crisis Intervention team, contributing to the assessment and short- to moderate-term counseling, with a focus on clients dealing with mental health issues related to a recent sexual assault and/or domestic violence. Close collaboration with the Lanark County Sexual Abuse / Domestic Violence (SADV) Program is essential, as this is a blended role that will see the incumbent working with SADV referrals for 60% of the time and the other 40% will be spent with Crisis Intervention referrals. This role involves providing crisis support and intake services, along with informing clients about available community resources and making referrals to legal, employment, health, and counseling services. Timely documentation upkeep, encompassing progress notes, treatment plans, and reports, is paramount, as is adherence to data collection requirements. Facilitating client needs through diverse community resources, engaging in professional development, clinical supervision, and team meetings, and exhibiting professional flexibility in responding to mental health service needs across multiple settings constitute key responsibilities.



## **Requirements:**

- Master of Social Work or Counselling/Psychotherapy
- Member in good standing with applicable regulatory body
- Minimum of two (2) years of experience working with clients who have experienced trauma, including domestic violence and/or sexual abuse
- Experience working with clients with psychiatric disorders and/or mental health concerns
- Experience working with adolescent/youth clients 12 -16 years of age (clients younger than 12 will be referred to the appropriate service for counselling)
- Knowledge of the impact of systemic marginalization, including sexism, racism, poverty, homophobia, transphobia, and disability, and a commitment to service provision within a feminist, anti-oppressive framework
- Familiarity with rural settings and knowledge of best practice models, substance use/harm reduction, risk management and safety planning
- Awareness of "best practice" service models related to trauma therapy, intimate partner violence, crisis and short to moderate-term intervention and stabilization
- Demonstrated experience providing trauma-informed care and treatment with clients who have experienced gender-based and sexual violence
- Additional trauma-focused therapy training including EMDR, Brainspotting, somatic-based trauma therapies (Somatic Experiencing, Sensorimotor Psychotherapy), Trauma-Focused CBT, Trauma-Focused ACT, etc.
- Demonstrated ability to establish positive and supportive relationships with clients
- Demonstrated non-judgmental attitude and strong understanding of environmental / systemic / racial and gender-based issues impacting clients
- Familiarity with current information technology applications
- Capable of working respectfully in a multi-disciplinary and inter-professional environment, fostering good working relationships
- Willingness and ability to travel throughout Lanark County to provide services to support no/low barrier access to services. (in person, virtual and phone as requested/preferred by clients)
- A valid driver's license and availability of an automobile required
- Good working knowledge of both official languages would be an asset
- Satisfactory vulnerable sector reference check (with future checks every 2 years)



## How to apply:

Please submit a resume and cover letter to HR@psfdh.on.ca.

Be advised that the Perth and Smiths Falls District Hospital has a vaccination policy located on PDMS. Proof of vaccination will be required as a condition of employment, subject to exemptions contained in the policy.

Perth and Smiths Falls District Hospital is an equal opportunity employer committed to meeting needs under the Canadian Charter of Rights and Freedom and the Ontario Human Rights Code. Our recruitment process follows the Accessibility for Ontarians with Disabilities Act in order to provide a fair and equitable process for all candidates. Applicants requiring accommodation through the recruitment/interview process are encouraged to contact the Human Resources Department at 613-283-2330 ext. 1132 for assistance.

We thank all interested candidates for their response, however, only those chosen for an interview will be contacted.