

PATIENT INFORMATION FOR ULTRASOUND STUDIES

Please note your appointment date, time and **site**:

Please arrive 15 minutes prior to your appointment.

DO NOT call our department for an appointment. Your healthcare provider has faxed us your requisition and we will be contacting you to book your appointment.

DO call us to provide 24 hours notice for appointment changes or cancellations.

SMITHS FALLS SITE (613) 283-2330 EXT. 1115

GWM SITE (613) 267-1500 EXT. 4271

Do not smoke day of exam.

Do not wear scented products on the day of your exam.

For obstetrical studies, only one adult is allowed in the scan room.

For safety reasons, young children will not be permitted in the room during your examination.

ABDOMEN:

Do not eat, chew gum or smoke for 6 hours prior to your exam. If you are diabetic, you can have juice (if needed).

You may drink water as required.

You may take your medications.

PELVIS:

Your bladder must be full for the exam.

Please drink 5 cups (40 oz / 1.5 litre) of water or other clear, non-carbonated drinks, starting 2 hours before your appointment, and finishing 1 hour prior to your appointment.

DO NOT EMPTY YOUR BLADDER.

If you have a catheter, it must be clamped off before you start to drink.

You may eat and take medications.

ABDOMEN & PELVIS:

Do not eat for 6 hours prior to your exam. If you are diabetic, you can have juice (if needed).

Your bladder must be full for the exam. Drink 5 cups (40 oz / 1.5 litre) of water or other clear, non-carbonated drinks, starting 2 hours before your appointment, and finishing 1 hour prior to your appointment.

DO NOT EMPTY YOUR BLADDER.

If you have a catheter, it must be clamped off before you start to drink.

You may eat and take medications.

1st TRIMESTER PREGNANCY: (Only one adult family member in scan room)

Your bladder must be full for the exam. Drink 5 cups (40 oz / 1.5 litre) of water or other clear, non-carbonated drinks, starting 2 hours before your appointment, and finishing 1 hour prior to your appointment.

DO NOT EMPTY YOUR BLADDER.

If you have a catheter, it must be clamped off before you start to drink.

You may eat and take medications.

2nd or 3rd TRIMESTER PREGNANCY: (Only one adult family member in scan room)

Your bladder must be full for the exam. Drink 5 cups (40 oz / 1.5 litre) of water or other clear, non-carbonated drinks, starting 2 hours before your appointment, and finishing 1 hour prior to your appointment.

DO NOT EMPTY YOUR BLADDER.

If you have a catheter, it must be clamped off before you start to drink.

You may eat and take medications.

BIOPHYSICAL PROFILE: (Only one adult family member in scan room)

Within 1/2 hour of your exam, drink sweetened juice or soda.

You may eat and take medications.

ANY OTHER ULTRASOUND STUDIES:

No preparation is required. You may eat, drink and take medications.